



2017 U14 Excelsior Cup and U12 & U10 Council Cup Series

This past spring our development committees met and decided on some changes to our U14 and under program. After much discussion we have determined that our athletes need more quality training opportunities at home and specifically there need to be appropriate training schedules that meet the needs of U14 athletes which are different from the needs of U10 and U12 athletes.

With this directive in mind we have created two separate series for our young athletes.

The U14 Excelsior Cup is new and will be only for U14 athletes. It is similar to the NYSSRA J3 program which was very successful for 20+ years. The state will be divided into two regions – East and West. (West – NFSC, GVSC, CENT --- East – MTN, ADK, RVW) These athletes will compete in SL, GS and SG. This series will be used to determine who qualifies for U14 State Championships and further who moves on to U14 USSA Eastern Championships and other post season eastern region events. (U14 athletes who do not qualify for State Championships may compete in Kandahar events.) Each region will have events in each council in order to limit travel requirements for the U14 Excelsior Cup. The focus of this series is to promote technical and tactical skill for racer development. These athletes do not race in the Council Cup Series.

The NYSSRA Council Cup Series will be for U10 and U12 athletes as well as a few U14 athletes who are new to ski racing and do not wish to try to qualify for NYSSRA State Championships. This series will be made up of events which are appropriate for athletic development at this age and include Kombi, Stubbi or Panel SL, GS and Skills Events. (There will be no single tall pole SL in this series. Each council will decide which events it will host with a maximum of 4 event days per council prior to Kandahar events.) Athletes will compete close to home within council and will only be allowed to compete in their home council races. Athletes will further be discouraged from entering in more than one additional Open race either within council or in another council or out of state. The primary focus of this age group will be on skills development and NYSSRA will do all it can to encourage lots of quality training and free skiing time. Programs are encouraged to travel to different ski areas to free ski and learn to ski different terrain throughout the season. After the council series has concluded, athletes may choose to compete in the Kandahar Festivals where they may qualify to the Kandahar Championships and the Piche Team and other post season events. Those U14 athletes who are new to ski racing may decide to join this group for training and competitions. If this route is chosen for a U14 athlete they may not compete in NYSSRA U14 State Championships and may only race in Kandahar events post season.



NYSSRA Excelsior Cup Race Schedule for 2016-17

Western Region (NFSC, GVSC, CENT)

Jan. 14	GS	Toggenburg ?
Jan. 15	SL	Song Mountain
Jan. 28	GS	Holiday Valley
Jan. 29	SL	Buffalo Ski Club
Feb. 11-12	SG	Bristol

Eastern Region (MTN, RVW, ADK)

Jan. 21	SL	Polar Bear (McCauley Mtn.)
Jan. 22	SL	Polar Bear
Feb. 4-5	SG	Gore
Feb. 11	GS	Hunter
Feb. 12	GS	Belleayre

Mar. 4-6	NYSSRA U14 State Championships	West Mountain
Mar. 16-19	USSA U14 Eastern Championships	Sunday River, ME

Note: Each Council will establish a required SG training program which will be run in-council prior to the SG races at Bristol and Gore.

NYSSRA Council Cup Series schedules are available on the NYSSRA web site once they have been set up by each council.