

# New York State Ski Racing Association

## 2019-2020 Competition Guide





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# 2019-2020 NYSSRA Competition Guide

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This copy of the NYSSRA Competition Guide is an important reference for the ski season. It is always available in multiple formats on the NYSSRA website. [www.nyssra.org](http://www.nyssra.org)

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On the Cover: NYSSRA athletes enjoying a gondola ride at Gore Mountain.

# Section 1

## USSA Membership Requirement

(USSA is in the process of changing their name to US Ski and Snowboard and the abbreviation to USSS. For this manual, we will continue to use the USSA designator to avoid confusion during this transition year.)

**Deadline October 15**

Amateur ski racing in the United States comes under the organization of the United States Ski Association (USSA). Any skier wishing to compete in a USSA sanctioned race must first become a member of USSA. This membership must be renewed each year. A USSA membership number is assigned when a skier first joins the organization and does not change as long as the skier retains membership. The racer must put the membership number on every race entry form and present the membership card at race registration.

When a competitor pays the fee as a U16-U19-U21 competitor they are included in the USSA Computerized Competitor Classification System and results will appear on the USSA Points Seeding List. This list is maintained to show racers' national rank in Downhill, Slalom, Giant Slalom, Super G and Super Combined.

USSA Competition Guides are mailed to Alpine coaches, officials and clubs only. Competition Guides and Directory are posted online to view and download.

USSA Membership is best done online at [www.ussa.org](http://www.ussa.org). All participants in the Alpine program must also agree to several waivers which are part of the online membership process.

Once your USSA membership is processed, you will receive your membership card in the mail from USSA. You may download and print verification of your membership from the account you created on [ussa.org](http://ussa.org).

## NYSSRA Membership Requirement

**Deadline October 15**

The New York State Ski Racing Association, Alpine Inc. is the official governing body for competition in the State of New York for the United States Ski Association (USSA). All competitors wishing to participate in NY ski races must be members of NYSSRA. Eastern Alpine athletes must be a member of one and only one state organization. NOTE that late fees apply after October 15. Visit [www.nyssra.org](http://www.nyssra.org) to complete membership.

**NYSSRA coordinates and is responsible for:**

- ★ Scheduling of races in New York State, including all USSA sanctioned races.
- ★ Selection of teams using January 15 membership data to fill State Quotas to regional races.
- ★ Assignment of officials to races.
- ★ Communication and education for racers, officials and coaches.
- ★ Financial support - Racer Support Fund for NYSSRA racers competing at upper levels of competition.
- ★ Athletic programming, youth development and divisional governance through our board of directors, development committees, executive director and youth coordinator.

# NYSSRA Governance & Board of Directors

<b>President*</b>	<b>Brad Rauch</b>
<b>1st Vice President*</b>	<b>Todd Glick</b>
<b>2nd Vice President*</b>	<b>Todd Travis</b>
<b>Treasurer*</b>	<b>Mark Sertl</b>
<b>Secretary*</b>	<b>Alicia Farone</b>
<b>Immediate Past President*</b>	<b>Maren Hosmer</b>
<b>Athlete Representative*</b>	<b>Travis Widger</b>
<b>Athlete Representative*</b>	<b>Michelle Spear</b>
<b>Coaches Committee Chair*</b>	<b>Jeff Walker</b>
<b>Officials Committee Chair*</b>	<b>Bill Dewey</b>

\* Voting members

Other Appointed members of the Association

<b>U16, U19, U21 Development Committee</b>	<b>Katie Gilligan</b>
<b>U14/U12 Development Committee</b>	<b>Amy Brown</b>
<b>Alpine Officials Education</b>	<b>Bill Dewey</b>

The Assembly of Delegates conducts the business of NYSSRA. The NYSSRA structure creates a committee organization that separates the interests of NYSSRA into focus groups to concentrate on a specific interest. The committees are empowered by the Board of Directors which runs the business of NYSSRA. All committee members must be current NYSSRA members. The active committees of NYSSRA are:

Board of Directors	Total Program Organization
Coaches Committee	Coaches Education and Policies
Officials Committee	Implement Officials Program
Officials Education Sub Comm.	Officials Ongoing Education
U16+ Development Committee	Policy/Team Selection/FIS
U14/U12 Committee (Children's)	Policy/Team Selection
Awards Committee	Annual Awards Selections
Appeals/Review Committee	Race Related appeals, misc.
Racer Support Committee	Allocate Funds

Committee membership can be found in the Appropriate Section

Each committee consists of selected volunteers who have shown initiative and expertise in the respective focus area. Committees submit a report at NYSSRA meetings for approval by the General Assembly.

Proposals, comments, questions and other NYSSRA business should be routed to the appropriate committee for discussion and consideration. This can be accomplished by passing the information through the council organization to committee chair or by contacting the committee members directly.

A NYSSRA meeting is held yearly in the Spring. Meeting date and time is posted on the NYSSRA website. Due to the yearly cycle of the ski racing organizations, timely inputs to NYSSRA should take place in early spring.



### Competition Categories for 2019-20

<b>U8</b>	<b>Born 2012 and Younger</b>
<b>U10</b>	<b>Born 2010, 2011</b>
<b>U12</b>	<b>Born 2008, 2009</b>
<b>U14</b>	<b>Born 2006, 2007</b>
<b>U16</b>	<b>Born 2004, 2005</b>
<b>U19</b>	<b>Born 2001, 2002, 2003</b>
<b>U21</b>	<b>Born 1999, 2000</b>

Note: All based on calendar year of birth



# Code of Conduct

**NYSSRA members are expected to conduct themselves in a sportsmanlike manner befitting worthy representatives of their families, ski areas/clubs and in conformity with the best traditions of Alpine Ski Racing in New York State.**

**Section 1:** All NYSSRA members, including athletes, coaches, officials, race organizers and volunteers shall be subject to the jurisdiction of and shall abide by the International Ski Competition Rules (the "ICR"), U.S. Skiing Constitution, bylaws, rules and regulations and NYSSRA Articles of Incorporation, bylaws, rules and regulations (the "Competition Rules").

**Section 2:** While in competitions, going to and from competitions and while at ski areas hosting competitions, NYSSRA members shall:

1. Maintain high standards of moral and ethical conduct including self-control, responsible behavior, consideration for others' physical and emotional well-being, restraint from profane and abusive language, and courtesy and good manners in public places and while traveling;
2. Abstain totally from alcohol and the illegal use of drugs;
3. While at NYSSRA sponsored events, adhere to all rules;
4. Adhere to and be knowledgeable of all Competition Rules.

**NYSSRA has a no tolerance policy for the above items.**

**Section 3:** Failure to comply with any of the above can lead to disciplinary action against NYSSRA members by: 1) The NYSSRA Executive Director with the advice and consent of the NYSSRA Board of Directors; 2) the Race Jury on the recommendation of a member of the Jury; 3) the Technical Delegate; or 4) the designated State Team leader.

**Section 4:** Disciplinary action taken can include, but is not limited to:

1. Any disciplinary measure allowed by the Competition Rules.
2. Disqualification from a specific race and/or suspension from future races.
3. Withdrawal of future NYSSRA Camp invitations.

All disciplinary action is to be reported to NYSSRA Executive Director.

Any disciplinary action taken shall be applied fairly and equitably to all parties involved. Any disciplinary action that would prevent a NYSSRA member from participating in competition for a period greater than 21 days will be conducted in accord with the Due Process procedures set forth by USSA, and held before the NYSSRA Appeals Committee.

## NEW YORK STATE TEAM SELECTION RULE FOR ALL LEVELS OF COMPETITION

This procedure is designed to be used only in rare instances in the selection of NYS Teams. The implementation of the procedure must be accomplished as soon as possible after the necessary results are available.

- The designated team quota for both boys and girls, less the final 2 positions in each category, will be filled by the published selection procedure.

- One, or both, of the final 2 positions in either the boys or girls may be filled by discretionary choice of the appropriate Committees.

- All of the following criteria must be met to qualify for a discretionary choice:

1. Injury, illness, or other circumstance beyond the racer's control has prevented the skier from qualifying.

2. The skier has a record of outstanding performance. This would be defined as race results that would place the individual consistently among the top NY athletes in the same age category.

3. The skier chosen has clearly exhibited superior potential. This would be defined as race results that indicate this racer could be expected to perform consistently at or above the level of the top NY skiers in the same age category.

- In the event that no racers shall qualify for discretionary choice, the next place finishers in order of finish will be used to fill the Team Quota.

**Written petitions for consideration under the Team Selection Rule must be presented by a coach to the NYSSRA Executive Director, or NYSSRA Youth Coordinator before the conclusion of the final qualifying race.**





## Section 2

# Children's Racing ( U8 - U14)

Please review the Sportsmanship Code of Conduct.

The key to learning is to insure a positive first experience that is fun. Fun facilitates learning which in turn motivates the child. When first learning a skill, a relaxed, low-anxiety climate encourages the child to try new things. A child has a natural self-motivated learning aptitude if the situation is suitable and attainable goals are set within his reach. The NYSSRA Youth Development philosophy supports the promotion of learning through approval, praise and encouragement. With empathy, unlimited opportunities can be attained.

It is important for our young racers to learn that the only real competition is within themselves. Learning the intrinsic rewards of sport is the most valuable lesson we can teach them. The starting point, center and end of learning should begin with the child, their growth and development. There are many contributing factors in this process. A child's attitudes, values and behavior are learned from the people most impressionable to them - such as their own parents and coaches. Parents should realize the impact they have on their offspring. The key is not to excessively push your child into sports, but to insure that first experience is a positive one.

Parents should always be available with positive reinforcement for their child. Coaches and parents should make sure that each youngster is properly outfitted for maximum results and safety. Make sure to consult your coach, the local ski shops and anyone else you might know who is up to date regarding ski equipment. Learn how to properly take care of your equipment.

Both the New York State Ski Racing Association and the United States Ski Association are important organizations to familiarize yourself with as a racer or supporter. Amateur ski racing depends largely upon the efforts of parents as volunteers. Your participation is critical for successful, fair and safe events. Please read all Alpine ski related information available on [ussa.org](http://ussa.org).

### **Race Entries:**

Online race registration is the preferred method of race entry. NYSSRA uses AdminSkiRacing for its online entries. Direct links to race entry are available on the NYSSRA web site under Schedules. You can also go directly to [AdminSkiRacing.com](http://AdminSkiRacing.com) and Search under NYSSRA races.

### **Mail-in entries: U10-12-14 racers**

Use Alpine Entry Card available on [nyssra.org](http://nyssra.org) Age Category tabs. A completed entry includes an entry card and payment which must be received by the Race Administrator at least 2 days prior to the race to be considered on time.

Online registration is required at the U14 State Championships and all Kandahar Races. Many clubs also require online registration for their races.

## USSA and NYSSRA Membership Requirements

U14 and younger athlete's must purchase a USSA Competitor License for their specific age in order to participate in any NYSSRA races or training camps or projects. The correct age specific USSA license to purchase is explained as you complete the membership process online at [usa.org](http://usa.org).

In addition, all U14 and younger athlete's must purchase a NYSSRA competitor's license in order to compete in the Mud Sweat n'Gears Cup, Council Cup Series, State Championships, Kandahar Races and to participate in any NYSSRA training camp or project.

**The deadline for all memberships is October 15 for USSA and NYSSRA. NYSSRA renewal memberships processed after October 15 will be subject to late fees.**

For specific questions regarding correct memberships contact your coach or NYSSRA.

### IMPORTANT

**All athletes must present their current USSA membership card at the registration area for all races.**

### **NYSSRA Council's**

For U12 and under racing, NY is divided into 6 different council's. Club affiliations can be found in the Directory. Each athlete can only be a member of one council which is dependant upon the club that they join.

West

Niagara Council

Genesee Council

Central Council

East

Adirondack Council

Rip Van Winkle Council

Mountain Council

Each Council runs their events differently. The focus here is on skill development. Parents and athletes should communicate with program directors and coaches to get more information on the event schedule that has been established for their club and council. Events that are contested at the Council Level are GS, Kombi, Panel SL, Stubbi SL and Flight and Skills Events. There is no tall pole SL or SG at the Council Level. *New to ski racing U14 athletes may choose to race in the Council series. This option is only for athletes in their first year of racing. An athlete who participated in any Council Race or U14 race in the prior year is not eligible for this option. This is a season long decision and must be made in January. U14 athletes who race in council races may not compete in Mud Sweat n'Gears Cup races or U14 State Championships. Also, Councils may choose to purge U14 athletes from results before awards are handed out. These athletes are eligible for the Kandahar Series.*

## U14 Racing in NY State - Excelsior Cup

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New York State is divided into 2 geographic Regions. East and West. U14 athletes qualify for their State Championships during the Mud Sweat n' Gears Cup Races in January and February. The disciplines included at this level are Slalom, Dual Slalom, Giant Slalom, Super G.

**U14 Geographical Regions:** (Schedules are available at [nyssra.org](http://nyssra.org))

The U14 Excelsior Cup has two regions in New York State. East and West. Each Region will have a quota to the U14 State Championships based on membership as of January 20. The councils that make up these two regions are as follows:

Western NY Division - Niagara, Genesee, Central  
Eastern NY Division - Mountain, Rip Van Winkle, Adirondack

### U14 SG Camp/Race

Each Council hosts a SG Camp and each Division hosts a 2 day SG Train/Race event which is used for state championship selection. All U14 athletes wishing to qualify for state championships must participate fully in the Council Camp and Division Training portions. (East has combined this into a three day event at Gore) It is not necessary to compete in the SG race portion to be eligible for State Championships. U14 athletes who have participated in a 2019-20 USSA Eastern Invitational SG camp meet the camp/training participation requirement.

**U14 Skills Quest Requirement at Mud Sweat n'Gears U14 SL**  
New For 2019-20, A Skills Quest event will be held on the same days there is a Mud Sweat n'Gears SL event. Participation in the skills quest portion of the race day is mandatory if athletes wish to participate in the U14 State Championships.

**U14 Equipment Requirements:** U14 athletes are required to ski and race on skis that meet current USSA equipment requirements (see [nyssra.org](http://nyssra.org), or [ussa.org](http://ussa.org)) All other USSA equipment rules apply.

### **Course Setting at the U14 State Championships**

★ The course setters for Mud Sweat n' Gears U14 State Championships will be determined by the U14 Children's Committee with approval of the NYSSRA Executive Committee. Each division may submit five names to be considered for selection. 7 course setters (1 SG, 2GS, 4SL) will be selected from the names submitted. Course setters must have current USSA Referee license and must be a USSA certified coach and NYSSRA member coach. Coaches must follow USSA/NYSSRA course setting guidelines.

★ 60" SL poles will be used at U14 State Championships (All U14 races must now use FIS Type B poles, 60" tall from the snow surface)

### **Seeding for Mud Sweat n' Gears U14 State Championships**

★ Seeding for the U14 State Championships will consist of 2 seeds. A and B. 1st run the A seed will run first followed by the B seed. All athletes are sorted randomly within their seed for each race. 2nd run will be Bibbo Flip 30. (Top 30 athletes from the first run will run in reverse order with the 30th fastest running first then 29th etc. until the fastest racer. The remaining athletes in 31st position to the last racer run in consecutive order according to their first run finish time.

★ Forerunners - Division Team 1st alternates have priority to forerun at least one run at the State Championships. Coaches interested in having athletes forerun must contact the NYSSRA Youth Coordinator at least 1 week prior to the State Championships.

### **Eastern U14 Championships - Sugarbush, VT**

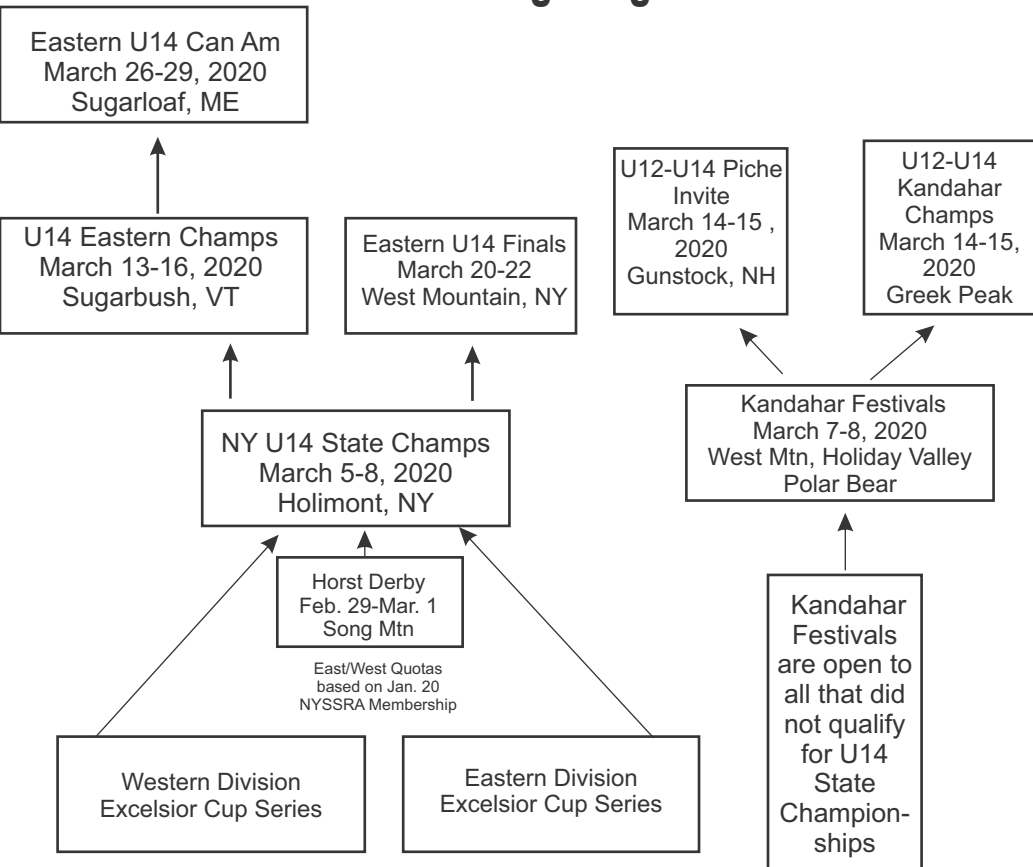
★ The Mud Sweat n' Gears New York State Team will be named at the conclusion of racing at the NY State Championships. Selection is based on best 3 of 7 possible results contested (Each single run of GS & SL plus combined result for GS & SL plus SG) using simple place points. Ties are broken by using the best result followed by the next best result until the tie is broken. If a tie still exists, it will be broken using the athlete's best Race Points. NYS Team Selection Rule applies.

### **Eastern U14 Finals - West Mountain March 20-22, 2020**

★ The team to represent NY at the U14 Eastern Region Finals at West Mountain on March 20-22 will be selected using the same list above from State Championships. The next group of athletes will be selected based on the quota received from the eastern region office.

★ Athletes are encouraged to participate in Skills Assessment events. This is an important part of NYSSRA's long term development strategy. We encourage all clubs to promote the importance of Skill Development by including Skills related drills into their training plan. Contact NYSSRA Youth Development Coordinator for more information and how NYSSRA can help your club.

# U14 Season Long Progression Chart



## Selections to Mud Sweat n' Gears U14 State Championships Quotas

★ The best 5 of 13 possible results from the 4 Mud Sweat n' Gears Cup races plus the SG race (Each single run of each selection race plus combined two run race result plus SG race [8 single runs, 4 two run combined results, plus SG]) using simple place points. Ties are broken by the best result and then the next best result until the tie is broken. If a tie still exists, it will be broken using the athlete's best Race Points.

★ A total of 110 racers will be named to the Mud Sweat n' Gears U14 State Championships from the 2 Divisions. These quotas are based on January 20 membership data which will be posted on nyssra.org.

At the Horst Derby - Song Mtn., 5 Girls and 5 Boys will be chosen from the results of the two race days to move on to the U14 State Championships. Entry to the Horst Derby is open only to those that have not qualified for the U14 State Championships. The best two of a possible 6 results using simple place points will be used to select athletes who move on. Ties are broken using the best result followed by the next best etc. until the tie is broken.

★ The Mud Sweat n' Gears U14 NY State Championships is a four day event at Holimont, NY. Day one is for SG Training. Day two is for the SG race. Day three is the GS race and day four is the SL race. The jury reserves the right to make changes to this schedule as required for weather and surface conditions or other force majeure.

**Kandahar Festivals** – Our Kandahar Festivals are two day events consisting of GS and Kombi. There are three festivals – open to NYSSRA members only.

**Holiday Valley** – Niagara and GVSC Councils, HV, HO, BU, KB, BM SW, HH, BR

**Polar Bear**- ADK and CEN, PB, MV, WV, DH, SR, SG, TG, LB, SK, GP, RM, Oak

**West Mtn.** - RVW and MTN, SA, WF, GO, WM, WI, BE, HU, HM

Kandahar Festivals (March 7-8,2020) are open to all U10 and U12 athletes (no U8). Entry is also open to all U14 athletes who have not qualified for the U14 State Championships, or have qualified but chosen to withdraw from State Champs (See U14 section for special instructions). Entry deadline for these events is Thursday March 5 at Noon. No day of race entries permitted. Entry is via Adminskiracing.com only.

Quota's to determine who moves on from Kandahar Festivals to Kandahar Champs will be determined on Friday, March 6. The quotas will be based on the percentage of total athletes registered in each festival compared to the total athletes in ALL 3 Festivals. These quota's will be relayed to each organizer on Friday night and announced at the Team Captains meetings on Saturday morning. Total quota from all events is 120.

### **Qualifying from Kandahar Festivals to Kandahar Champs.**

At each Kandahar Festival the best 2 of a possible 6 results will be used to select athletes who will move on to Kandahar Champs using simple place points within Class. U14 results will be separate from U12 results. (6 results = each individual run each day, plus the two run combined score each day) Scores will be calculated Sunday night and will be posted on the NYSSRA web site on Monday afternoon. (There will be no announcements at the Kandahar Festivals.) Ties are broken using the best result followed by the next best etc. until the tie is broken, then if necessary, Race Points.

### **U10's qualifying from Kandahar Festivals to Kandahar Champs.**

Exceptional U10's may qualify to compete in the Kandahar Champs. A U10 will be invited to participate if they have 2 top 15 scores from the Overall results in any single run. (Overall includes all racers, U14, U12 and U10) 4 possible scoring chances.

### **Qualifying for the Piche Memorial race at Gunstock, NH directly from the Kandahar Festivals.**

U12 – At the Kandahar Festivals, an athlete who wins an individual run on either day (4 possible chances, U12 athletes only) is an automatic to the Piche Memorial. This is the only way to qualify for Piche. If an athlete wins more than one run, no additional athletes will be chosen.

U14 – At the Kandahar Festivals, an athlete who wins the combined race either day (2 possible chances combining run 1 plus run 2, U14 athletes only) is an automatic to the Piche Memorial. This is the only way to qualify for Piche. If an athlete wins both days, no additional athletes will be chosen.

**Piche Parent/Coach Notification Requirement** – Any athlete who qualifies for Piche per above MUST notify the NYSSRA Youth Coordinator (mergs@nyssra.org) of their choice to attend either the Piche or Kandahar Championships by 9am Monday March 9. Any declined spots to Piche will NOT be filled with other athletes.



## Section 3

### Scored Racing U16, U19, U21, SR

**Please Review and Understand the NYSSRA Code of Conduct located on page 7.**

USSA Races provide a base for NYSSRA U16-U21 and senior athlete development. These USSA sanctioned and scored events are open to all current USSA & NYSSRA U16,U19,U21 and Senior racers.

**NYSSRA Sports Page Cup Series** - A USSA sanctioned and scored race series with SL, GS and SG races. The Sports Page Cup Series is open to all U16,U19,U21 and Senior racers. Sports Page Cup Series races are also open to members of other State associations although NYSSRA members receive preference if races are full. Racers may enter any Sports Page Cup race and are not confined to any one part of the State. Racers must be current NYSSRA and USSA members at least 5 days prior to the race to be counted in the overall rankings which are available at [nyssra.org](http://nyssra.org). The Sports Page Cup races are located in different areas around the State to cut down on travel expenses and allow racers to stay closer to their home programs. Please visit [www.nyssra.org](http://www.nyssra.org) for schedule information and more details.

#### **NYS Team Selection Process**

- If an event is lost at U16 or U19/U21 Sports Page NY State Championships due to weather or Force Majeure the Development Committee may modify the selection process as required.
- Athletes **MUST** commit to racing in at least 2 of the events to hold their spot on the NYS team.
- Athletes named to a NYS Team must confirm their spot within 24 hours via the online confirmation process available on [nyssra.org](http://nyssra.org). Any unconfirmed athletes will forfeit their spot on the team and alternates will be selected using the ranking system above.
- Any athlete named to a NYS team who is unable to attend after they have confirmed with NYSSRA must notify the NYSSRA office no later than 48 hours prior to the first Team Captains meeting of the event. Athletes who fail to do so will be declared ineligible for selection to future NYS teams.
- Discretionary selection to NYS teams is via the procedure outlined on page 8 of this guide. In the event that no racer shall qualify for the discretionary selection the next ranked athlete will be used to fill the NYS team quota.

## **U16 Specific Projects, Camps and Procedures**

U16 athletes will compete in the Sports Page Cup Series, but will be ranked only with other U16 athletes when it comes to qualifying for U16 specific events and projects.

### **U16 Fundamentals and Prep Camps**

U16 athletes are invited to apply for selection to Fundamentals and Prep Training Camps. Information is available on the NYSSRA web site.

### **Eastern Region U16 Projects**

Information is available on the NYSSRA web site or the Eastern Region site at [ussa.org](http://ussa.org).

### **Seeding for Open and Sports Page Cup Series**

As these races are Scored races, seeding for all racers will be per USSA rules using the most current USSA points list.

### **Sports Page U16 NYState Championships**

Only U16 athletes may compete at the Sports Page U16 NY State Championships. This three event race series is an Open Race Series. The only requirements to participate in this event are that the athlete must have either competed in at least 2 Sports Page Cup Series Races in December, January or February **OR** have less than 90 USSA points in either GS or SL for Men, or less than 105 USSA points in either GS or SL for Ladies. USSA Points List #14, valid Feb. 20, 2020 will be used.

### **U16 NYS Champion**

Upon completion of the Sports Page U16 NYS Championships overall Men's and Ladies champions will be named using lowest total Place Points for all events contested. Must complete all events used for scoring.

### **Out of State Athletes to Sports Page U16 NYS Championships.**

Up to 6 out of state U16 athletes may participate. Out of state athletes are removed from the results when making team selections. Requests must be submitted to NYSSRA Executive Director through State Chairs 10 days prior to the series.

### **Qualifying to USSA Eastern Region U16 Championships and Finals**

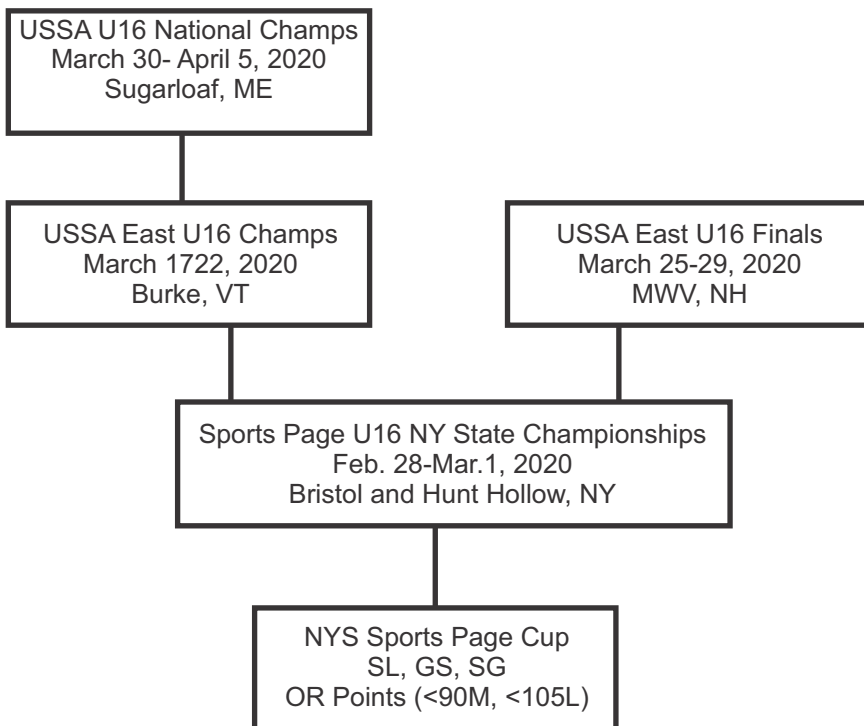
At the Sports Page U16 NY State Championships the best 1 of 3

possible results will be used to select the NY State Team to the USSA Eastern Region U16 Championships and Finals. (Final Results from SG, GS, SL) At the State Championships, NYSSRA will announce the team to represent NY at the Eastern Region Championships and Finals based on the quota we receive from the Eastern Region plus 3 alternates. If there is a tie for the final quota spot, it will be broken using the athlete's best result at the State Championships then the next best, etc. until the tie is broken. If a tie still exists it will be broken using the athletes best race points in the selection races. Athletes must commit to racing in at least 2 of the events being contested at Eastern Championships or Finals to hold their spot.

### **U16 Qualifying to Empire State Winter Games**

There is no specific quota for U16 athletes to the Empire State Winter Games. Ranking is done via results from the Sports Page Cup Series with no consideration for age groups. See U19+ Section for more details.

### **U16 Progression Chart**



## U19, U21, SR Program Information

**For all selections, athletes must be current USSA and NYSSRA members at least 5 days prior to an event to be considered for scoring. For selections to FIS Events through NYSSRA Quota athletes must be USSA, FIS and NYSSRA members at least 5 days prior to selection deadline.**

### NYS Sports Page Cup Series

**Sports Page Cup Series** - A USSA sanctioned and scored race series with SL, GS and SG races. The Sports Page Cup Series is open to all U16,U19,U21 and Senior racers. Sports Page Cup Series races are also open to members of other State associations although NYSSRA members receive preference if races are full. Racers may enter any Sports Page Cup race and are not confined to any one part of the State. Racers must be current NYSSRA and USSA members at least 5 days prior to the race to be counted in the overall rankings which are available at [nyssra.org](http://nyssra.org). The Sports Page Cup races are located in different areas around the State to cut down on travel expenses and allow racers to stay closer to their home programs. Please visit [www.nyssra.org](http://www.nyssra.org) for schedule information and more details. Overall Sports Page Cup Champions will be named at the conclusion of the season. Scoring is done by adding results from all races using New World Cup points.

### Selection Procedures for Empire State Winter Games

A highlight of the season will be the NY Empire State Winter Games held at Whiteface Mountain and Lake Placid, NY Jan. 31 - Feb. 2, 2020. This prestigious event has been a staple in the NYSSRA schedule for over 35 years. Qualifications will be based on results at the Sports Page Cup Series using 1 less than half the events contested through January 19, 2020 using New World Cup points (regardless of age). When there are events scheduled in East and West on the same days, this will count as one race towards the events contested. There will be no allowance for any cancelled events. Ties will be broken using the athlete's best result followed by the next best etc. until the tie is broken. Further ties are broken using best race points. Gender split will be based on NYSSRA membership data as of January 15, 2020. There is no separate quota for U16 athletes to this event.

**Awards at all NYSSRA U16/U19 races** are given to the Top 5 racers

regardless of category. Plus the Top U16 Man and Women. In addition, there will be a Hard Charger awarded to the athlete who moves up the most from their starting position to the results. (Athletes in Top 15 Start List are not eligible)

**Sports Page New York State U19, U21, SR State Championships**  
The U19/U21 Sports Page NY State Championships will be held at Bristol and Hunt Hollow on Feb. 28-Mar 1. This event is an Open event and the only requirements to participate are that an athlete must be a U19 or older and must have participated in at least 2 Sports Pag Cup Series Races during December, January and February **OR** have less than 90 USSA points in SL or GS for Men or less than 105 USSA points in SL or GS for Ladies. USSA points list #14, valid February 20, 2020 will be used for points qualification.

### **U19 and up NYS Champion**

Upon completion of the U19 and up Sports Page NYS Championships overall Men's and Ladies champions will be named using Place Points for all three events. Must complete all three events.

### **Selection Procedures to USSA U19/U21 Finals**

NYSSRA uses the following selection procedures to name NYSSRA teams for the USSA Eastern Finals. Selection is made from **Sports Page U19 and up NYS State Championships** using simple place points from the best 1 of 3 possible results. (SG, GS, SL - all athletes) The top athletes will be named to the USSA Finals Team based on the quota received from the Eastern Region Office. Ties will be broken using the athlete's best result followed by the next best result etc. until the tie is broken. If a tie still exists, Best Race Points from the selection races will be used to break the tie.

- If an event is lost at U19 and up State Championships due to weather or Force Majeure the Development Committee may modify this selection process as required.
- Athletes **MUST** commit to racing in at least 2 of the events to hold their spot on the NYS team.
- Athletes named to a NYS Team must confirm their spot within 24 hours via the online confirmation process available on nyssra.org. Any unconfirmed athletes will forfeit their spot on the team and alternates will be selected using the ranking system above.
- Any athlete named to a NYS team who is unable to attend after they have confirmed with NYSSRA must notify the NYSSRA office no later than 48 hours prior to the first Team Captains meeting of the event. Athletes who fail to do so will be declared ineligible for selection to future NYS teams.
- Discretionary selection to NYS teams is via the procedure outlined on page 8 of this guide. In the event that no racer shall qualify for the discretionary selection the next ranked athlete will be used to fill the

## FIS Information

FIS (Federation of International Skiing) is the international governing body for ski racing. Just like USSA sanctioned events all around the country, the FIS sanctions events worldwide. The following list includes FIS races where NYSSRA athletes might be involved. It's important for interested athletes and coaches to learn about USSA, NYSSRA and FIS race policies and procedures pertaining specifically to FIS racing. While many of these events have their own informational pages in this manual, the rules listed below cover all FIS racing in general.

### General FIS Rules

**This is not a complete list. Athletes and Coaches must understand all the rules set forth in the FIS ICR.**

1. An athlete submitted to any FIS race series must have an active FIS license. All names that are submitted must commit to participate in all races of the designated series. For more detailed information, see specific series information in this Manual.
2. Team Captain Meetings (TCM): There is a mandatory TCM the day before each FIS race. Time and location will be listed on the race announcement. The TCM includes race schedule/updates, other guidelines and the athlete roll call. TCMs are important to attend as race updates and other important race related news in addition to the athlete roll call are reviewed. All athletes must be represented by a current licensed USSA coach at all TCMs. If you need assistance finding a coach, contact NYSSRA for updated list of participating coaches. Arrangements must be made with the representative coach prior to the TCM in question.
3. Non-represented Athletes: Failure to be represented during the roll call will result in removal from the start list. Any NY racer selected to a FIS level race who finds that they are unable to attend the race must notify the NYSSRA office at least 48 hours prior to TCM. Failure to notify the NYSSRA office within 48 hours prior to TCM will cause the racer to be declared ineligible for the next FIS Series.
4. No-Shows: It is unacceptable when you have properly been represented at a TCM to not be present for the race start. No-shows run the risk of sanction by the TD and NYSSRA for future FIS events.
5. Coaches must submit athletes for NYSSRA FIS quota electronically on the NYSSRA website by the established deadline.
6. Coaches and families need to take the responsibility to know the



**Selection to FIS events is made in the following 3 ways.**

1. USSA point ranking via NTSM selection processed through the USSA Eastern Office - [ussa.org](http://ussa.org)
2. Eastern USSA Development Quota processed through the USSA Eastern Office.
3. NYSSRA Quota when applicable to some events.

NYSSRA is not part of the Intent and Confirmation process for Nor Am, FISU, U19 Nationals, US Alpine Championships, any out of region or out of country FIS events. Please contact the eastern office for more info.

**All foreign athletes qualify for FIS races through their home Federation**

**COLLEGE STUDENTS - SKI RACING WITH NYSSRA**

New York State college students are encouraged to continue racing in the New York series of races. If a racer is enrolled in a school located in another State, he/she must transfer their membership to that state association. The racer will continue to be welcomed back as an alumnus if they meet race entry criteria.

College students with USSA Competitors license attending college in New York are welcome. All students need to thoroughly familiarize themselves with NYS Team Selection Procedures found in this manual. Racers may affiliate with only one State Association.

One Event Membership for College Students – This option is primarily designed for former NYSSRA members who have a current USSA Competitor license and are currently college students returning home during winter breaks. If the athlete is not a current member of any state organization they are invited to join NYSSRA for \$10 to race 1 or 2 days if it is a weekend event. This membership expires after the event. Contact NYSSRA Executive Director, prior to the event if interested.

## Section 4

### Rules and Procedures for Athletes, Parents and Coaches

#### Race Entries

There are two ways to register for races - Online or Mail-in. All entries must be received by the race organizer at least 2 days prior to the race date or as noted below.

**Online Entries** are recommended (and required by many clubs) and can be accessed from the schedules page on [nyssra.org](http://nyssra.org) or by going directly to [AdminSkiRacing.com](http://AdminSkiRacing.com).

**Mail in Entries** must include the race fee and the appropriate race entry card for each race start. Race entry cards are available on [nyssra.org](http://nyssra.org) under the Age Group tabs - Schedules Tab. Mail entries must be received by the organizer at least 2 days prior to the race date - plan ahead if using USPS. NYSSRA race organizers may accept late entries subject to a max 50% late fee however the race may be closed prior to the deadline due to field size limitations.

**Race Withdrawal:** Competitors may withdraw entries without forfeiture of entry fees until 4pm two days before the race date or the beginning of official training. After that time, the race organizer is obligated to refund entry fees only if the entrant can prove that their inability to compete was due to force majeure (Circumstances beyond the athletes control)

**Non Sufficient Funds:** Racers whose checks are returned for non-sufficient funds will be restricted from participation in future races until they make good on any outstanding debts.

**No Shows:** The athlete has the responsibility to notify the race organizer if they are not going to compete. Just not showing up is unacceptable and causes many problems for the organizer.

**Membership Cards:** All athletes should bring their USSA membership card with them to races. You will be asked to produce it at registration and some clubs will use it as a bib deposit.

#### NYSSRA Appeals Committee

The NYSSRA Review Committee reviews decisions relating to selection, the Race Jury, the Technical Delegate and disciplinary action taken pursuant to the Code of Conduct. The Appeals and Due Process procedures as set forth in the USSA Competition Guide shall apply except as modified hereafter.

- Appeals must be submitted within 48 hours after the announcement/

- publication of the decision from which the appeal is being taken.
- All Appeals shall be filed with NYSSRA c/o the Executive Director.
  - On Appeal, factual issues shall be overturned only if it is found that the decision concerned was an abuse of discretion; issues relating to the interpretation and application of the Competition Rules, as that term is defined in the Code of Conduct, shall be reviewed de novo.
  - Members of the NYSSRA Appeals Committee are:
    - NYSSRA Executive Director
    - Current AO Chairperson
    - 1 NYSSRA Athlete Rep
    - Appropriate Development Committee Chairperson
    - NYSSRA President

Any committee member may designate an alternate in the event of a conflict of interest.

### **Discretionary Request Committee**

This committee visits requests from coaches on behalf of their athletes for discretionary selection to an event. The committee members are:

- NYSSRA Executive Director
- 1 NYSSRA Athlete Rep
- Appropriate Development Committee Chairperson
- Coaches Committee Chairperson
- NYSSRA Youth Development Coordinator (For U8 - U14)
- NYSSRA President in an advisory position

Any committee member may designate an alternate in the event of a conflict of interest.

### **NYSSRA Racer Support**

These funds are used to partially reimburse top athletes in the different age categories for the extraordinary expenses they incur at a high level of racing which involve travel to out of region and National races. The committee also reserves the right to recommend assistance for various development activities. **Coaches may also apply** for support funds if they attend out of region national coaches clinics. Funds may also be used to promote coaches education within New York State. The level of support is dependant upon the amount of funds set aside by the Board of Directors each year. The primary source of these funds is the NYSSRA race fee applied to race starts at NY races. More details and an application for funding is available at [nyssra.org](http://nyssra.org). The Racer Support Committee are: NYSSRA Executive Director, NYSSRA President, Treasurer, Athlete Reps and U16+ Development Committee Chair.

## Section 5

### Coaches and Officials Info

**Memberships:** All Coaches and most Officials need to be current members of USSA and NYSSRA. USSA conducts periodic background screening for all coaches and officials. Approximately 50% of all coaches and officials are re-screened each year and must be initiated within 10 days of notification after you renew your USSA membership. In addition, Safesport Training and Coaches Fundamentals must be completed.

All coaches and officials must attend update clinics at least every other year to maintain their current certifications and coaches must earn at least 2 USSA coaches ed credits every two years to stay current. Many NYS coaches ed projects are recognized by USSA for credit.

**In order to participate/register as a coach in a USSA/NYSSRA sanctioned event, training project, or education clinic USSA and NYSSRA memberships are required.**

**NYSSRA Coaches Membership Requirement:**

- **Head Coach submits a list of all current coaching staff to NYSSRA.**
- **Must have a current USSA Coaches License.**
- **Must have a current NYSSRA Coach/Officials License**
- **When all membership requirements have been met the coaches name will appear as an approved NYSSRA coach in the NYSSRA member database made available to RA's.**

### **NYSSRA Development Committees**

These Committees are tasked with evaluating the needs and desires of programs across the state. The committees work collaboratively with a clear focus on youth development. They implement programs that offer optimized advancement for our athletes with input from the NYSSRA membership. The committees utilize NYSSRA's varied resources for a positive sport experience for all. The Committee's are:

- U16+ Development Committee
- Children's Development Committee

Candidates for each of the development committee's must submit a letter of intent to the NYSSRA Executive Director by mid February of each year. These names will be submitted to the respective

development committees for nomination which are selected by the NYSSRA Board of Directors based on state-wide recommendations.

- Each council may appoint one member to the Children's development committee subject to approval of the Board of Directors.
- Coaches must have at least three years coaching experience with the appropriate age group prior to being nominated for any of the committees.
- The NYSSRA Board of Directors may appoint up to two discretionary spots on each committee.
- NYSSRA Executive Director, NYSSRA Youth Coordinator, Current NYSSRA President, 1st/2nd VP, AO Chairperson and Athlete Representatives are members of all Development Committees in an advisory position. If necessary, ties are broken by the NYSSRA President.
- Committee members who have missed 2 consecutive meetings without reasonable cause, or not active in committee business will be considered for removal at the second missed meeting.

### **Guidelines for Selection to Development Committees**

- Current NYSSRA and USSA Coaching Memberships
- Minimum up to date USSA Coaches Level 100 Certification
- Coach consistently with appropriate age group throughout the season to achieve familiarity with NYSSRA policies and racers.
- Respected by his/her peers and exhibit a high degree of professionalism.

New members, with an initial term of 1 year, are invited to the Spring Development planning meetings. Returning members commit for 2 years, which may be renewed for one additional two year term. The Chairmanship rotates every two years. Members with five consecutive years must step aside for 1 year and then be eligible for consideration to return as positions open. The Board of Directors has the ability to extend each 5-year term limit by one additional year.

## Children's Development Committee

Chair - Amy Brown	amykathrynbrown@yahoo.ca
Tyler Travis	twtfore@yahoo.com
Tom Gradwell	tgradwell@mac.com
James Johnston	jimboj@nysef.org
Ed Gudlauwski	ed@saboyolutions.com
Steve Lathrop	slathrop@westmtracing.com
Terry Murray	terry@allwilcox.com
Alexandra Ross	rossac10@outlook.com
Eric Lundberg	eric.lundberg@outlook.com

## U16+ Development Committee

Chair -Katie Gilligan	gilligank@northwoodschoo.com
John Morgan	johnm@nysef.org
Jeff Walker	jwalker2104@gmail.com
Andy Minier	andym@kbemail.com
Terry DelliQuadri	delliquadrit@northwoodschoo.com
Chip Grieco	c g r i e c o @ b s k . c o m
Paul Swartz	pswartz86@gmail.com

## Coaches Committee Members

The NYSSRA BOD is currently working on a re-organization plan for this committee. These members have committed for 2019-20.

Chair - Jeff Walker	jwalker2104@gmail.com
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**Coaches Support:** Coaches may apply for support funds if they attend out of region national coaches clinics. In addition, available funds may be used for NYSSRA coaches clinics to promote coaches education within our State. The level of support is dependent on the amount of funds set aside by the Board of Directors.



## **Section 6**

### **Racer Recognition and Awards**

#### **New York State Alpine Elite Team** **Sponsored by Glick GMC - Hyundai**

NYSSRA recognizes and rewards athletes for accomplishments at all levels of ski racing. Alpine Elite Team members are strongly encouraged to give back to NYSSRA and participate in NYSSRA sponsored events when possible. For 2019-20 Elite Team members are named from 2018-19 results. To be eligible for this honor, athletes must be NYSSRA members in good standing (October 15, 2020) and have participated in two Sports Page Cup or other NYSSRA races during the competition season.

#### **Criteria for 2019-20 Elite Team Selection (Men and Ladies)**

##### **State Level**

- Race Winner at NYSSRA U16 & U19 State Championship
- Overall State Champion - lowest total race points in all events contested at the NYSSRA U16 & U19 State Championships (Must finish all races contested)
- Top 3 Overall NYSSRA Empire Cup Series point holders at the end of the season.

##### **Regional Level**

- Race Podium at Eastern FIS Development Finals (U19/U21)
- Race Winner at Eastern USSA Finals (U19/U21)
- Race Podium at USSA Eastern U16 Championships
- Selection to USSS U16 National Championships, USSS Jr. National Championships or US National Championships

##### **National/International Level (Honorary Team)**

- Current USSA or ACA National Team or National Training Group Nominee
- Current NCAA All American
- Current USCSA All American

**GLICK GMC Hyundai****2019-20 NYSSRA Alpine Elite Team**

**Avery Waters  
Logan Fredrickson  
Haley Fredrickson  
Eleanor Stanton  
Hannah Goetz  
Norah Dempsey  
Rosalie Poisson  
Simona Muscarella  
Madison Kostoss  
Jake Reynolds  
Laz Rifkin  
Max Fromm  
Zane Graham  
Christian Meyer  
Joshua Jusiak  
Zach Zientko  
Gabriel Munter  
Maxxon Solly**

**Honorary Members**

**Thomas Biesemeyer**

## Section 7 Directory

### New York Ski Racing Association

5 Southside Dr. Suite 11-173

Clifton Park, NY 12065

518-302-6052

[www.nyssra.org](http://www.nyssra.org)

**Dirk Gouwens - Executive Director**

518-545-8221 (mobile) [dirkg@nyssra.org](mailto:dirkg@nyssra.org)

**Stephen Mergenthaler - Youth Development Coordinator**

518-524-3328 (mobile) [mergs@nyssra.org](mailto:mergs@nyssra.org)

**Don Crossman - Webmaster**

[webadmin@nyssra.org](mailto:webadmin@nyssra.org)

### NYSSRA Board of Directors

**Brad Rauch -President**

[president@nyssra.org](mailto:president@nyssra.org)

**Todd Glick - 1st Vice President**

[vp1@nyssra.org](mailto:vp1@nyssra.org)

**Todd Travis - 2nd Vice President**

[vp2@nyssra.org](mailto:vp2@nyssra.org)

**Mark Sertl - Treasurer**

[treasurer@nyssra.org](mailto:treasurer@nyssra.org)

**Alicia Farone- Secretary**

[secretary@nyssra.org](mailto:secretary@nyssra.org)

**Maren Hosmer - Past President**

[pastpres@nyssra.org](mailto:pastpres@nyssra.org)

**Travis Widger - Athlete Rep**

[athleterep1@nyssra.org](mailto:athleterep1@nyssra.org)

**Michelle Spear - Athlete Rep**

[athleterep2@nyssra.org](mailto:athleterep2@nyssra.org)

**Bill Dewey - Officials Committee**

[officials@nyssra.org](mailto:officials@nyssra.org)

**Jeff Walker - Coaches Committee**

[coaches@nyssra.org](mailto:coaches@nyssra.org)

**Steve Jackson - HS Liason**

[highschool@nyssra.org](mailto:highschool@nyssra.org)

**Willi Steinrotter - College Liason**

[college@nyssra.org](mailto:college@nyssra.org)

**U16, U19, U21 Development Committee**

**Katie Gilligan**

**U14/U12 Development Committee**

**Amy Brown**

**Alpine Officials Education**

**Bill Dewey**

## Directory of Clubs and Schools

Includes abbreviations for start lists

Club Abbrev. Council	Race Sec.	Coach Contact
<b>Belleayre</b> BE RVW	Tara Hulse tarash70@yahoo.com	Jim Catalano jimc@nysef.org
<b>Brantling</b> BR Genesee		Kevin Spear  kevin@brantling.com
<b>Bristol</b> BM Genesee	Krista Jackson  kjackson18@rochester.rr.com	Jeff Jenkins  gravitycoach@gmail.com
<b>Buffalo SC</b> BU Niagara	Lia Hallett  hallettl@buffalo.edu	Tom Gradwell  tgradwell@hadleyexhibits.com
<b>Clarkson University</b> CLK Univ.		
<b>Dry Hill</b> DH Adirondack		David Burns  dtburns@twcny.rr.com
<b>Gore (NYSEF)</b> GO Mountain	Tanya Gaechter 518-251-2825 tanyag@nysef.org	Rich Burnley 518-251-2825 richb@nysef.org
<b>Greek Peak</b> GP Central	Bob Talda  bob.talda@gmail.com	David Nock  nocker0500@yahoo.com
<b>Holiday Mtn.</b> HM RVW		

<b>Holiday Valley</b> HV Niagara	Mike Nenzo 716-378-1000 mnenno@holidayvalley.com	Miguel Azcarate  mud33@verizon.net
<b>Holimont</b> HM Niagara	Quincey Widger  qwidgerny@gmail.com	Travis Widger 716-699-5306 travis@holimont.com
<b>Hunt Hollow</b> HH Genesee	Andrew Rodman  rodmanac@frontiernet.net	Tyler Spitz  tjspitz77@gmail.com
<b>Hunter Mtn.</b> HU RVW	Kealey Viglielmo  kviglelmo@huntermtn.com	Frank Cartwright
<b>Kissing Bridge</b> KB Niagara		Andrew Minier 716-574-8366 andym@kbemail.com
<b>Labrador Mtn.</b> LAB Central	Brad Hack  bradhack@hotmail.com	David Temes  david.c.temes@gmail.com
<b>Mohawk Valley</b> MV Adirondack	Cory Bradbury 315-269-1200 corybradbury@msn.com	
<b>Northwood School</b> NWS Mountain	Katie Gilligan Gilligank@northwoodschoo.org	Terry Delliquadri  delliquadrit@northwoodschoo.org
<b>Oak Mountain</b> OAK Adirondack	Matt O'Brien  mjobrien83@gmail.com	Sean O'Brien  soproperty@yahoo.com
<b>Polar Bear</b> PB Adirondack	Kristy Lawrence  krisandton@yahoo.com	
<b>Royal Mtn.</b> RM Adirondack	Megan Sandell  mrscotter2003@yahoo.com	Cory Cotter

**St. Lawrence University**

SLU

Univ.

Willi Steinrotter

wsteinrotter@stlawu.edu

**Saranac Lake (Mt. Pisgah)**

SL

Mountain

Linda Brousseau

brousseau.linda@gmail.com

**Snow Ridge**

SR

Adirondack

Kathy Chase

kathy@stehle.org

**Song Mtn.**

SG

Central

Ted Jeske

ted.jeske.us@gmail.com

Tom Donohue

songraceteam@gmail.com

**Swain**

SW

Genesee

Rita Towner

dnrwoodworking@yahoo.com

Matt Randall

randalm@linkny.com

**Toggenburg**

TG

Central

Ted Love

ted@tedlove.com

Tyler Travis

twtfore@yahoo.com

**West Mtn.**

WM

Mountain

Sara Montgomery

sara@westmtn.net

Steve Lathrop

steve@westmtracing.com

**Whiteface Mtn.**

WF

Mountain

Chris Grant  
518-946-7001

johnn@nysef.org

John Norton  
518-946-7001**Windham Mtn.**

WI

RVW

Phil Davenport

pdavenport@windhammountain.com

Sean Warman

**Woods Valley**

WV

Adirondack

Tyson Brooks

tbrooks860@icloud.com